

Program: Healthy Minds Alliance

Position: Healthy Minds Alliance Program Instructor

Reports to: Host Site Supervisor

Healthy Minds Alliance Mission: Healthy Minds Alliance is a community-based approach to the mental health crisis utilizing evidenced-based gatekeeper programs to train community members on how to prevent, detect and support people with a mental illness.

Purpose of Position: AmeriCorps Members will serve as instructors for host site identified evidence-based/ informed programs, certifying members of the public.

Identified Programs: AmeriCorps Members are trained as instructors in select programs as designated by the specific host site. Programs may include Mental Health First Aid, QPR, SafeTALK or a pre-approved evidence-based/informed program by Health360.

Responsibilities include:

- Participate in designated mental health evidence-based/ informed program instructor training (Date & Location TBD)
- Disseminate mental health certification classes in communities
- Outreach to local community for course participants, as well as recruit and engage community partners
- Market program through press releases, social media and informational sessions
- Track each participant certified through pre, post and follow up evaluations
- Submit evaluations as directed by Health360 and training entity
- Advertise courses to the public as designated training site
- Establish and foster relationships with community mental health agencies as partners and resources
- Serve as a resource to course participants on an ongoing basis
- Respect the privacy of course participants, colleagues and others, including the responsibility to protect personal information
- Advocate for mental health awareness by promoting the principles of the course whenever possible
- Grant writing to support mental health focused activities
- Participate in AmeriCorps large service project
- Participate in monthly calls held nationally by Health360
- Assist host site with ongoing mental health community initiatives and regional events

Experience Preferred:

- Personal and/ or professional knowledge of mental health topics
- Strong teaching and/ or training skills and experience, especially with adult learners
- Understanding of mental health issues and resources
- Skills and experience facilitating diverse groups and creating/maintaining a positive, effective learning environment
- Knowledge about mental health resources in her/his community and state
- Positive attitudes towards individuals with mental illnesses
- Enthusiasm for reducing the stigma and discrimination associated with mental illness and addiction disorders

Details and Benefits include:

Complete a 10 month commitment, specific dates will be determined by the host site supervisor*

- Full-time AmeriCorps position 1700 service hours 40 hours per week, 5 holidays, 2.5 personal days
- AmeriCorps members receive a \$13,992 stipend for their service paid biweekly = 22 checks
- \$6,095 Education Award upon completion of service commitment (1700 service hours)
- Bachelor's Degree Required

For a list of 2019-2020 service locations and where to submit your resume to become a Healthy Minds Alliance AmeriCorp Member, send your resume to Celia Meyer at meyer@health360.org

^{*}Term of service is limited to a maximum of 12 months with approval by Health360.

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